

Amy Kipp, M.Ed., LMFT-S

11467 Huebner Road, Ste 251

San Antonio, TX 78230

Phone: (503) 389-5504

Philosophy and Approach: I believe healing happens through genuine, compassionate interactions with others, a deeper understanding and empathy for oneself, and examination of harmful patterns of thought and behavior. I use an eclectic approach, however, my work is informed by the emotionally focused therapy (EFT) and family systems schools of thought.

Potential risks to therapy include an increase in uncomfortable emotions and failure to alleviate distress. Your progress in therapy and its outcomes are dependent on many factors including, but not limited to, your motivation and desire to change, the effort you put into following through with agreed upon therapeutic tasks (outside of session), your attendance at session, and your willingness to be open with me throughout our work together. I encourage you to discuss any concerns you have with me at any point throughout the therapeutic process.

Formal Education and Training: I hold a Master's of Education degree in Family and Human Services with a specialization in Couples and Family Therapy from the University of Oregon. Major coursework included: Family Theory, Advanced Family Therapy, Human Sexuality, Group Psychotherapy, Violence in Families and Society and Contemporary Issues in Addiction.

As a Licensee of the Texas Board of Examiners of Marriage and Family Therapists I will abide by its Code of Ethics. You may obtain a copy of this Code of Ethics at www.dshs.state.tx.us/mft/mft_ethics.shtm.

As my client you have the following rights:

- To expect that I have met the minimal qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm my credentials;
- To obtain a copy of the Code of Ethics;
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to client or others; 3) Reporting information required in court proceedings (such as receiving a subpoena) or by client's insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by client against licensee;
- To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

You may contact the Texas State Board of Examiners of Marriage and Family Therapists at Mail code 1982, PO Box 149347, Austin, TX 78714-9347. Telephone: (512) 834-6677

Email: mft@dshs.state.tx.us Website: <http://www.dshs.state.tx.us/mft/>